



Insurance in EMEA: Key tech trends for 2026

November 2025

 **thoughtworks**

Design. Engineering. AI.

Executive summary	3
Trend one: AI-driven, predictive risk ecosystems	5
Trend two: Parametric and automated climate insurance	7
Trend three: Embedded and ecosystem-based distribution	9
Trend four: Health and wellness integration	11
Trend five: Quantum-enhanced catastrophe modeling	13
Authors	15

Executive summary

The Europe, Middle East and Africa (EMEA) insurance industry is at the precipice of a profound and irreversible transformation. This is not an incremental change, but a fundamental rewiring of the sector's operating model, driven by a powerful convergence of forces: the maturation of enterprise-scale AI, a wave of prescriptive regulation and rising customer expectations for seamless embedded experiences.

The era of siloed products and reactive services is over. The future belongs to intelligent, ecosystem-driven institutions that are not just compliant, but indispensable.

Insurance is evolving from a reactive player to a proactive, preventative partner

The model is shifting from simply paying claims to using AI, IoT and climate data to predict and prevent losses before they occur. Distribution is moving from traditional channels to being seamlessly embedded at the customer's point of need, while new partnerships in health and wellness are expanding the industry's role beyond protection.

For EMEA's leaders, the strategic imperative is clear and urgent.

Legacy modernization is no longer a choice, but a prerequisite for survival, as outdated systems are the biggest blockers to compliance and growth. To stay competitive, insurers must think in platforms, embrace AI across the enterprise and treat trust and regulation as strategic advantages.

By 2026, success won't depend on technology alone, but on how well insurers connect modernization, compliance and intelligence into one unified model — becoming true risk intelligence networks that link prevention, protection and prediction.

**For EMEA's leaders,
the strategic imperative
is clear and urgent:**





AI-driven, predictive risk ecosystems

Insurers are entering the age of predictive risk, where data connects every aspect of prevention and protection. AI and IoT enable real-time risk modeling that learns continuously from live data streams, moving beyond usage-based pricing toward more dynamic, adaptive underwriting. Instead of reacting to losses, insurers can now anticipate and mitigate them, from cyber incidents to climate-related events.

Manifestation in the market:

Initiative	EMEA examples	Impact
Proactive loss prevention	<u>Zurich pilots GenAI to spot claims trends and distill submission packs</u> , indicating investment in AI for internal oversight and risk analysis	Uses predictive analysis to identify patterns and prevents future losses before they happen, shifting from a claims-based to a prevention-based business model
Advanced risk modeling	<u>Lloyd's Lab pilots quantum computing for catastrophe modeling</u> (e.g., wildfires, hurricanes), showcasing an investment in cutting-edge technology for precise risk assessment	Provides a precise assessment of complex risks like wildfires and hurricanes by simulating vast scenarios, moving beyond traditional, historical data-based models
Cyber resilience and prevention	<u>Cybercrime is projected to cost \$10.5 trillion globally by 2025</u> ; cyber insurance premiums in Europe grew 35% in 2023; Lloyd's cyber policies are up 50% YoY, indicating increased demand and risk	Mitigates massive financial and reputational damage from breaches and avoids fines of up to <u>2% of global revenue</u>

Regulatory and market momentum:

- **Significant adoption and investment in AI across the value chain:** The European Insurance and Occupational Pensions Authority (EIOPA) reports 50% of non-life and 24% of life insurers in Europe already use AI in areas like pricing, underwriting, fraud detection and claims. Global Regtech in the insurance market was valued at \$8.5 billion in 2023 and is projected to reach \$22.4 billion by 2033, demonstrating a substantial surge in spending. The Middle East region is expected to accrue US\$ 320 billion in value by 2030 from AI deployments across sectors including insurance.
- **Conducive and mandatory regulation:** The EU AI Act creates a clear, risk-based framework for deployment, while the Digital Operational Resilience Act (DORA) forces mandatory investment in cyber resilience. EIOPA is actively issuing sector-specific AI guidance, creating a structured path for adoption.

Strategic implication:

The shift to a predictive, AI-driven risk ecosystem is an immediate strategic imperative for EMEA insurers. This path is challenging, requiring institutions to navigate a complex regulatory landscape (e.g., EU AI Act, DORA, ESG). Insurers must also build trust through transparent data governance and ethically handle sensitive data. The final hurdle is scaling these initiatives from pilots to an enterprise-wide transformation, which demands investment in new technology and talent. The key to success lies in transforming these complexities into a durable competitive advantage.



Parametric and automated climate insurance

The rising frequency and severity of climate-driven disasters are exposing a critical protection gap across EMEA, with only ~25% of natural catastrophe losses within Europe currently being insured. Parametric and automated climate insurance is emerging as a revolutionary solution, bypassing traditional, slow-moving claims processes. These products automatically trigger payouts based on pre-defined, independent data, such as wind speed or satellite-measured flood depths. This model cuts administrative costs, provides crucial liquidity for rapid recovery and creates new insurance products for previously uninsurable climate risks in agriculture, renewables and property.

Manifestation in the market:

Initiative	EMEA examples	Impact
Pioneering insurtech	Descartes Underwriting (France) uses satellite data for parametric covers, has raised \$141M and launched catastrophe bonds; FloodFlash (UK) uses in-situ sensors for automatic flood payouts	Fills protection gaps for wind farms and agriculture; enables rapid customer recovery without lengthy claims adjudication
Strategic reinsurance	Swiss Re and other reinsurers report that parametric insurance is growing at <u>15-20%</u> , far outpacing traditional agricultural insurance	Indicates significant confidence and investment from the reinsurance sector, signaling long-term growth and scalability

Public-private partnerships

African Risk Capacity (ARC) has paid over \$170M in drought claims to African nations, covering 50M people

Demonstrates parametric insurance's efficacy at a sovereign level for systemic climate risks and social protection

Regulatory and market momentum:

- **Systemic regulatory support:** The European Central Bank (ECB) and EIOPA have proposed an EU-wide public-private reinsurance scheme to boost climate catastrophe coverage, creating a powerful tailwind for parametric solutions.
- **Quantifiable growth:** The European parametric market is forecast to grow at a ~8.9% CAGR (2022–2028), with key markets like France growing at 9.7%, indicating strong and sustained demand.
- **Global relevance:** The model is gaining rapid traction in the Middle East, where insurers are tailoring parametric/AI-based models for regional perils like floods and droughts.

Strategic implication:

Parametric insurance is transitioning from a niche product to a core strategic capability for EMEA insurers. It is essential for addressing the vast climate protection gap, meeting regulatory expectations for resilience and capturing growth in underserved markets. The winners will be those who invest in advanced data partnerships (e.g., satellite, IoT) to design accurate, indisputable triggers, and who effectively manage the portfolio-level systemic risk associated with widespread climate events.



Embedded and ecosystem-based distribution

The insurance industry is rethinking its distribution model, shifting from traditional, agent-led channels to embedded and ecosystem-based approaches. This involves seamlessly integrating products into platforms customers already use, such as an e-commerce checkout, a car manufacturer's app or a gig-worker's platform. Powered by APIs and open banking, this transformation dramatically lowers customer acquisition costs for insurers while meeting consumer demand for frictionless, contextual, on-demand experiences.

Manifestation in the market

Initiative	EMEA examples	Impact
Embedded auto insurance	European auto insurers partner with car OEMs (e.g., Tesla)	Captures customers at the peak of their need, transforming a car purchase or ride-hailing app into a natural insurance channel
Gig economy integration	Deliveroo (UK/Europe) partners with Zego for on-demand accident coverage for gig workers	Addresses a large, growing and previously underserved market segment by integrating protection directly into the work platform
Health and wellness ecosystems	AXA & Vitality (Europe/UK) partner with wearables (Apple Watch) and health apps; Saudi insurers integrate with the Sehhaty app per Vision 2030	Shifts the model from reactive claims to proactive health engagement, embedding insurance into daily lifestyle habits

Regulatory and market momentum:

- **Explosive growth projections:** The European embedded insurance market is projected to grow from \$10.93 billion in 2025 to \$49.44 billion by 2030, a staggering CAGR of 35.2%, signaling a permanent shift in the distribution landscape.
- **Customer-driven demand:** Research shows a strong shift in consumer preference, with 60% of UAE consumers preferring to buy insurance via non-traditional channels. This demonstrates a clear and urgent regional demand for frictionless, embedded solutions.
- **Strong regional tailwinds:** In the Middle East and North Africa region, embedded insurance is projected to grow at over 20% CAGR through 2027.
- **Significant market share:** Embedded insurance is expected to capture ~30% of personal and commercial P&C markets and 10% of life insurance markets in Europe over the next decade, moving from a niche to a mainstream channel.

Strategic implication:

For EMEA insurers, embedded distribution is transitioning from a tactical experiment to a core pillar of their growth strategy. The challenge lies in maintaining brand relevance and customer relationships when distribution is controlled by a third-party partner. Institutions must move from being a simple product provider to an agile technology partner, building API-driven platforms and establishing strategic relationships with ecosystem players to access new customer segments and remain a central part of the financial services value chain.



Health and wellness integration

The role of health and life insurers is fundamentally evolving from a reactive claims payer to a proactive wellness partner. By building ecosystems that integrate wearable tech, health apps and telehealth services, insurers can incentivize and reward healthy behaviors. This shift towards dynamic, behavior-based pricing and services aims to improve client well-being, reduce long-term claims costs and dramatically increase customer engagement, loyalty and retention.

Manifestation in the market

Initiative	EMEA examples	Impact
Comprehensive wellness programs	Generali's " <u>Engagement Solutions</u> " (with <u>Discovery</u>) rewards healthy behaviors with discounts, partner coupons and lower premiums	Rewards health and fitness activities with tangible benefits like discounts, coupons and lower premiums, driving proactive customer engagement
Behavioral data linkage	Takaful insurers in Saudi Arabia pilot facial recognition for driver risk scoring; European insurers experiment with " <u>digital health coins</u> " — rewards that operate like vouchers or credits for health-promoting behaviors, usable at health-ecosystem partners (gym, wellness services, etc.)	This example of leveraging behavioral biometrics for risk assessment sets a precedent for how personal data can be used to inform and personalize wellness programs

Regulatory and market momentum:

- **Customer demand:** Over 70% of UK policyholders report they engage more with insurers that offer wellness rewards, a clear signal of strong customer preference.
- **Corporate investment:** A Bupa Global survey found that 88% of companies in the UAE plan to increase their wellness investments in 2025, indicating a strong corporate-driven demand for these services in the Middle East.
- **Growing market:** The broader corporate wellness market in the Middle East and Africa is projected to reach approximately \$2.6 billion by 2030, driven by increasing adoption of wearables and digital monitoring.
- **Systemic shift:** This trend is a key part of a broader healthcare paradigm shift from a reactive, illness-based system to a proactive, prevention-focused one. This is supported by both public initiatives (like Saudi's Vision 2030) and private market growth.

Strategic implication:

For EMEA insurers, the transition from a traditional payer to a wellness partner is critical for both customer loyalty and long-term profitability. While the challenge lies in proving a clear return on investment (ROI) for these wellness programs and ensuring user data privacy, the payoff is significant. Institutions that successfully navigate these hurdles will build a more engaged customer base, reduce claims costs over time and establish a foundational relevance in the future of health and financial services.



Quantum-enhanced catastrophe modeling

The rising scale of climate-related risks is pushing classical computing to its limits for catastrophe modeling. In response, insurers are piloting quantum computing to analyze massive climate datasets and simulate catastrophic events with unprecedented speed and accuracy. This leap in processing power will give early adopters a significant competitive edge, enabling more precise risk selection and optimized capital allocation, with the potential to reduce capital reserves by 15-20%. This is the next frontier of actuarial science, moving from approximation to a new level of computational precision.

Manifestation in the market

Initiative	EMEA examples	Impact
Industry consortiums and R&D	Munich Re is a founding member of the Quantum Technology and Application Consortium (<u>QUTAC</u>)	Positions major reinsurers at the forefront of quantum R&D, building foundational knowledge for future competitive advantage
Applied research and pilots	Lloyd's Lab in Europe and the UK pilots the use of quantum computing for catastrophe modeling	Provides hands-on experimentation to test quantum's practical application in core underwriting functions and validate its value

Regulatory and market momentum:

- **Exponential performance gains:** Quantum algorithms can process complex climate datasets 100x faster than classical models, enabling insurers to run vastly more complex scenarios and achieve a new level of modeling accuracy.
- **Compelling financial incentive:** Early adopters like leading reinsurers could potentially reduce capital reserves by 15–20%, a powerful financial driver that justifies strategic investment in this nascent technology.
- **Strong market demand:** 60% of European SMEs seek climate-resilient coverage, creating commercial pressure on insurers to develop more sophisticated and accurate risk assessment tools to meet customer needs.
- **Urgent need from rising risks:** Escalating climate events across EMEA (e.g., floods in the UAE, wildfires in Southern Europe) underscore the critical inadequacy of current models and create an urgent imperative for next-generation solutions like quantum.

Strategic implication:

For EMEA insurers, quantum computing is a future-proofing bet on core underwriting. Although still in its early stages, building internal expertise, forming partnerships with quantum firms and launching pilot projects are crucial steps to avoid being left behind. The challenge is significant, requiring specialized talent and investment, but the payoff is a fundamental advantage in understanding and pricing the defining risks of the century. Insurers must start building a quantum strategy now to bridge today's classical computing with tomorrow's quantum capabilities.

Authors



Rav Hayer

**Managing Director UK and Ireland
and Head of BFSI Europe**

[Connect with me](#)



Davnit Singh

**Principal Consultant -
BFSI Domain Expert**

[Connect with me](#)



Adam Wright

Market Technical Director, BFSI Europe

[Connect with me](#)



Muralikrishnan Puthanveedu

**Head of Banking, Financial Services
and Insurance (BFSI) Practice , IME**

[Connect with me](#)

We are a global technology consultancy that delivers extraordinary impact by blending design, engineering and AI expertise.

For over 30 years, our culture of innovation and technological excellence has helped clients strengthen their enterprise systems, scale with agility and create seamless digital experiences.

We're dedicated to solving our clients' most critical challenges, combining AI and human ingenuity to turn their ambitious ideas into reality.

[thoughtworks.com](https://www.thoughtworks.com)